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# Orientation of Nodal Teachers on Revised Curriculum of “Life Skills Education plus Programme”.

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## **INTRODUCTION**

The life skills education has scaled up to upper primary classes (5th and 6th) in order to impart age appropriate life skills sessions which will enable them towards effective participations towards ensuring rights of the child. In this connection teacher's manual for upper primary classes has also developed encapsulating the requisite needs. The devised plan targeted to train "TWO" nodal teachers from approximately 498 schools High school, Ashram school, EMRS, Educational Complex) from "EIGHT" Intervention Districts in phase II .

A state level two days residential training of nodal teachers on revised curriculum of life skills education plus program was organized by United Nations Population Fund (UNFPA) with the collaboration of SCSTRTI, Govt. of Odisha and APPI from date 27.05.2019 to date 08.06.2019 at Akankhya Urban Hostel, Kalinga Nagar, Bhubaneswar.

## **OBJECTIVES OF THE ORIENTATION**

- a. To orient on communication and resource materials for promoting life skills education among Adolescents in residential schools.
- b. To introduce Mobile based Monitoring APP for strengthening reporting system.
- c. To promote need based counselling service for enabling environment in residential schools
- d. To orient on different guidelines such as safety, security and control of iron deficiency anemia and its prevention
- e. To orient on SRH issues, early identification of teenage pregnancy and its management including reporting

## **PARTICIPATION OF TEACHERS**

It was targeted to cover 176 High schools and 320 Ashram school in second phase eight intervention districts (Kalahandi, Nabarangpur, Bolangir, Malkanagiri, Mayurbhanj, Sambalpur, Nuapada, Sundergarh). From each school "two" of teachers and 65 no. of drop-out teachers of 1<sup>st</sup> phase training will attend the training program. Total 282 teachers of 158 Ashram schools from five districts (Kalahandi, Nabarangpur, Bolangir, Malkanagiri, Mayurbhanj) in seven batches attended the training program.

Detail list of participation were given in below table

<b>Date of Training</b>	<b>Batch No</b>	<b>Name of the District Represented</b>	<b>Type of School</b>	<b>Planned participants</b>	<b>Actual Participants</b>
27th to 28th May 2019	1	Kalahandi	Ashram School	48	43
	2	Nabarangpur	Ashram School	20	19
29th to 30th May 2019	3	Bolangir	Ashram School	38	20
		Malkangiri	Ashram School	30	28
31st May to 1st June 2019	4&5	Malkangiri	Ashram School	80	67
5th to 6th June 2019	6	Mayurbhanj	Ashram School	80	56
7th to 8th June 2019	7	Mayurbhanj	Ashram School	80	49
<b>Total</b>				<b>376</b>	<b>282</b>

## INTERACTION SESSION

**Mr. Nruparaj Sahu, Joint Director, SSD Deptt. :** “Health screening” is one among the activity which imbibes direct impact in the programme. So, priority must be given on the activity. It should not have been done merely as an isolated activity. Instead this activity is the initially activity linked with counselling and post referral follow-up. The series need to be reviewed on regular basis. Each participant needs to understand the seriousness of regular health screening of students. The major findings must be documented, and the learnings must be used for modified interventions plan.

After vacation the students joins the school and the schools must arrange health check-up immediately within day or two. This will help to diagnose health issues of students and will also be treated as positive prevention/infection control.

**Ms. Pranati Das, UNFPA :** She emphasized on systematic documentations. The findings at field level always helps to prepare better intervention plans. This also shows the Gaps of programme. So, the field staffs specifically the teachers need to inform the District Officers regarding the cases in detail.

**Ms. Sony Rout, SSD Deptt.:** The prospective of sending the Daily Disease Surveillance Report has been briefed to the participants. She also informed about its importance and utility. The functionality of emergency toll free no and hot line phone of control room also briefed to the participants.

## **TRAINING SESSION**

The two days of training was broadly divided focusing on various thematic areas.

- Overview of Life Skill Education Plus Programme,
- Demonstration on School MIS,
- Case Study Presentation on safety, security and its management,
- Adolescent reproductive sexual health-growing up & changes during adolescents, early marriage and teenage pregnancy.
- Guideline on control of iron deficiency anaemia and its application
- WIFS and nutritional counselling, referral & treatment
- Adolescent counselling promoting enabling environment in schools
- Safety & security guideline of SSD dept. and SOP for management of child abuse in school

A detail training module was devised towards effective implementation of training. Below stated are some of the tools and techniques used in the Master Trainers.

- Power Point Presentations.
- Classroom teachings.
- Group Discussions.
- Play and learn.

### **SESSION-I OVERVIEW OF LIFE SKILLS EDUCATION PLUS PROGRAM**

The participants were briefed about below stated points

- Objectives of life skill education plus programme,
- Coverage & target group,
- Series of Activity plan,
- Expected outcomes of the programme
- Reporting system of life skills education plus program.

### **SESSION-II DEMONSTRATION OF SCHOOL MIS**

Mobile based HM daily reporting application was demonstrated and hands-on was given on mobile. This application has five sections such as:-

- Attendance status
- Health status
- Reporting of any other incidents such as major illness, accident, death, sexual harassment, abuse, teenage pregnancy etc.
- Food menu
- Discharge details

### **SESSION-III**

#### **CASE STUDY PRESENTATION ON SAFETY, SECURITY AND ITS MANAGEMENT**

To get better insight, some of the major case study were presented to the participants. Prior to the presentation the case studies were analyzed in different ground. Such as; preparedness/prevention and response/redressal. Each case study was suggested sets of preparedness strategies and appropriate response/redressal strategies.

The entire session was followed by participatory methods. Participants were showed the case study and asked about their views on Prevention Strategies and Response/redressal strategies. In the second level they were concluded with experts' views. The idea of doing this session is to enhance their decision making and analytical use of statutes, guidelines, rules and provisions.

### **SESSION-IV**

#### **ADOLESCENT REPRODUCTIVE SEXUAL HEALTH-GROWING UP & CHANGES DURING ADOLESCENTS, EARLY MARRIAGE AND TEENAGE PREGNANCY**

Adolescent period is dealing with numerous sexual myths and misconceptions on sexual behaviors. Social challenges like early marriages and teenage pregnancy are major issues among adolescents. So, teachers were educated on early identification and report of early marriage & teenage pregnancy.

### **SESSION-V**

#### **GUIDELINE ON CONTROL OF IRON DEFICIENCY ANAEMIA AND ITS APPLICATION**

The Guideline on control of iron deficiency anaemia **and its application** was discussed with the participants and focused on some important points

- Basics of anaemia.
- Causes and impact of anaemia.
- Interventions for adolescents.
- Categories of anaemia as per Haemoglobin(HB) level.
- Management of anaemia cases through therapeutic approach.

### **SESSION-VI**

#### **WIFS AND NUTRITIONAL COUNSELLING, REFERRAL & TREATMENT**

- Administration of supervised Weekly Iron and Folic Acid Supplementation (WIFS).
- Counselling for improvement of dietary intake and prevention of intestinal worm infestation.
- Maintaining personal hygiene including menstrual hygiene and environmental sanitation.

WIFS is one of the important initiatives to prevent anaemia among adolescents.

### **SESSION-VII**

#### **ADOLESCENT COUNSELLING PROMOTING ENABLING ENVIRONMENT IN SCHOOLS**

In this session teachers were oriented on counselling service to create a congenial environment for adolescents in schools.

**Counselling: -**

- Importance of adolescent counselling
- Principles of counselling
- Stages of counselling
- Skills of counselling

**SESSION-VIII****SAFETY & SECURITY GUIDELINE OF SSD DEPT. AND SOP FOR MANAGEMENT OF CHILD ABUSE IN SCHOOL**

In this session safety & security guideline was broadly discussed.

- Objectives
- Applicability
- Legal provision (POCSO Act)
- Code of conduct for staffs
- Environmental safeguard
- Redressal mechanism
- Reporting

**SESSION-IX****PRESENTATION ON LIFE SKILLS EDUCATION**

Life Skill Education was briefed to the participants through resource such as;

FAQ,Comics,session calendar,work book,teachers manual etc. and oriented them about the use of the above materials during taken of LSE session.

**PRE-POST ASSESSMENT ANALYSIS**

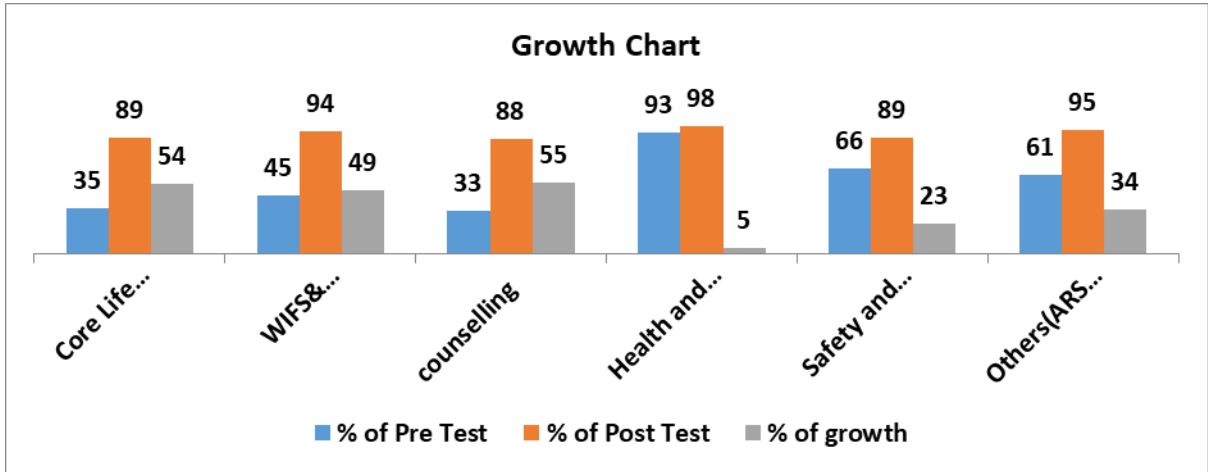
There were 282 teachers attended the training. As per the standard procedure of training and to assess the effectiveness of the training program a questionnaire was set for pre-knowledge assessment and the same set off question also used for post-knowledge assessment.

The question was broadly covering below stated theme.

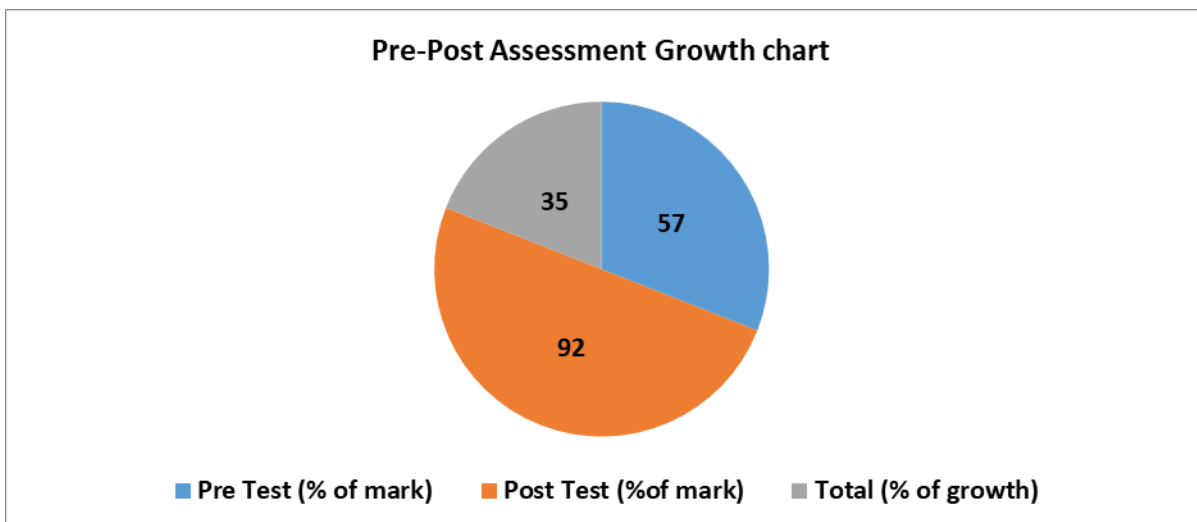
- 1- Life skills
- 2- WIFS,Anaemia
- 3- Counselling
- 4- Nutrition, Health & hygiene
- 5-Safety Security, POCSO Act.
- 6-Early marriage, SRH,RTI/HIV

There were 19 questions. Question no 1 to 18 were carried 01 mark and question 19 carried 2 marks. The entire 19 questions were based on above 6 themes.

**Graph-1**



Graph-2



### **KEY OBSERVATIONS/FINDINGS**

- Most of the teachers from Ashram school were taking the training first time on life skills education.
- Most of the teachers shared that they are feeling reluctant to take the LSE session with boys on theme ARSH.
- ARSH issues such as early marriage, teenage pregnancy and sexual abuse were discussed clearly, and this will help them to take the LSE class and discuss with the students on different themes easily and openly.
- This training program enabled them to identify the ARSH issues effectively and report on time.
- Mobile based HM daily reporting application was demonstrated. This application will help to monitor the activities and strengthen the reporting system.

## **PHOTO GALLERY**









